

# **Spring Conference**

Free for ABLE members/ £75+vat for non members

**Tuesday 04 March 2025** Eastwood Hall, Mansfield Road, Eastwood, Notts,

## NG16 3SS

#### **Chosen Charity**

Robin Hood Disabled Riders meet weekly to give children and adults with both physical and learning disabilities the therapy, sense of achievement and fun of horse riding.



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# Agenda

08:30 - 09:00

Registration, Exhibition and Coffee

#### 09:00-09:15

Welcome update, app awards to members-Chair, Emma Cripwell

**09:15-09:30** Partner Updates- SAS, Breedon, Atom IT

**09:30-09:45** Sponsor Presentation- Arbor Education

**09:45- 10:40** Keynote – Moving Feeds Your Positive Mental Health - Charm Daley

**10:40-11:30** Refreshments, Exhibition and Coffee

#### 11:30-12:30

Choice of workshops

**12:30-13:30** Lunch, Exhibition and Networking

#### 13:30-14:10

Keynote: Tie up your shoeLACES – Don't let life trip you up! – Frederika Roberts

#### 14:10-14:30

Tea/coffee, complete evaluation, app questions

#### 14:30-15:30

Choice of workshops
1. Summer planning - Laura Williams, SAS
2. Recipe for Happiness – Frederika Roberts
3. Supporting your whole school in riding the Ofsted wave – Andy Mellor, SAS

**15:30** Raffle Results

- 1. Managing upwards, getting a seat at the table - Laura Williams, SAS
- 2. Staff Absence Management- Wisdom and Wellbeing for all – Chris Whitmore, The Schools People
- 3. Setting Boundaries-How to thrive as a School Business Manager – Gemma Drinkall, HeadSphere

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