



The Art of Being Brilliant

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OPEN 9 PAYS A WEEK

9





PERCEPTION



REALITY



Could you be happier
even if nothing in the
world around you
changed?



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even if nothing in the
world around you
changed?



**YOU ARE
FEELING
YOUR
THINKING**



TO ~~DO~~ LIST BE

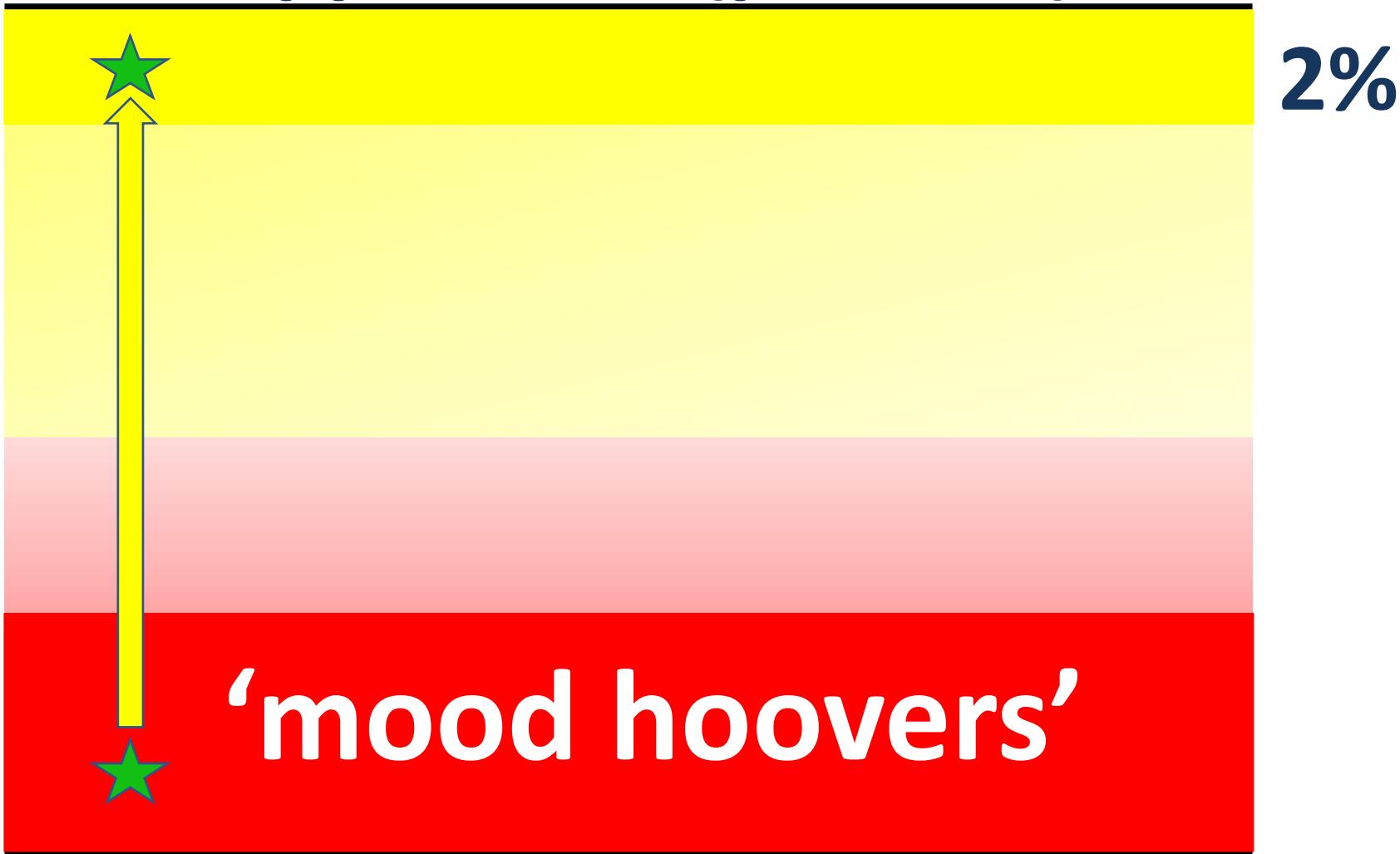




Opportunity is now here



upper level (positive)



lower level (negative)

The BEST mindset
in the world!!!

The 2% MINDSET*

Going for your dreams

EXPLORING
NEW THINGS

Choosing happiness

confidence

fulfillment



2% of the population:

98% of the population

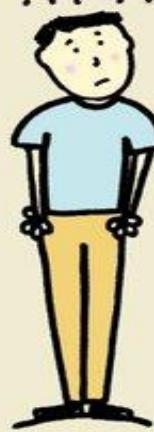
Being like everyone else

Insecure

FEAR

A DULL life

Settling for less



YOUR COMFORT ZONE

so comfy & boring

REGRET

Procrastination

Play it safe

Just getting by

Surviving

Embracing the unknown

Excitement

liking change

Living without Limits

ABUNDANCE

ACT in spite of fear

Getting the MOST out of Life

3x more creative

31% more productive

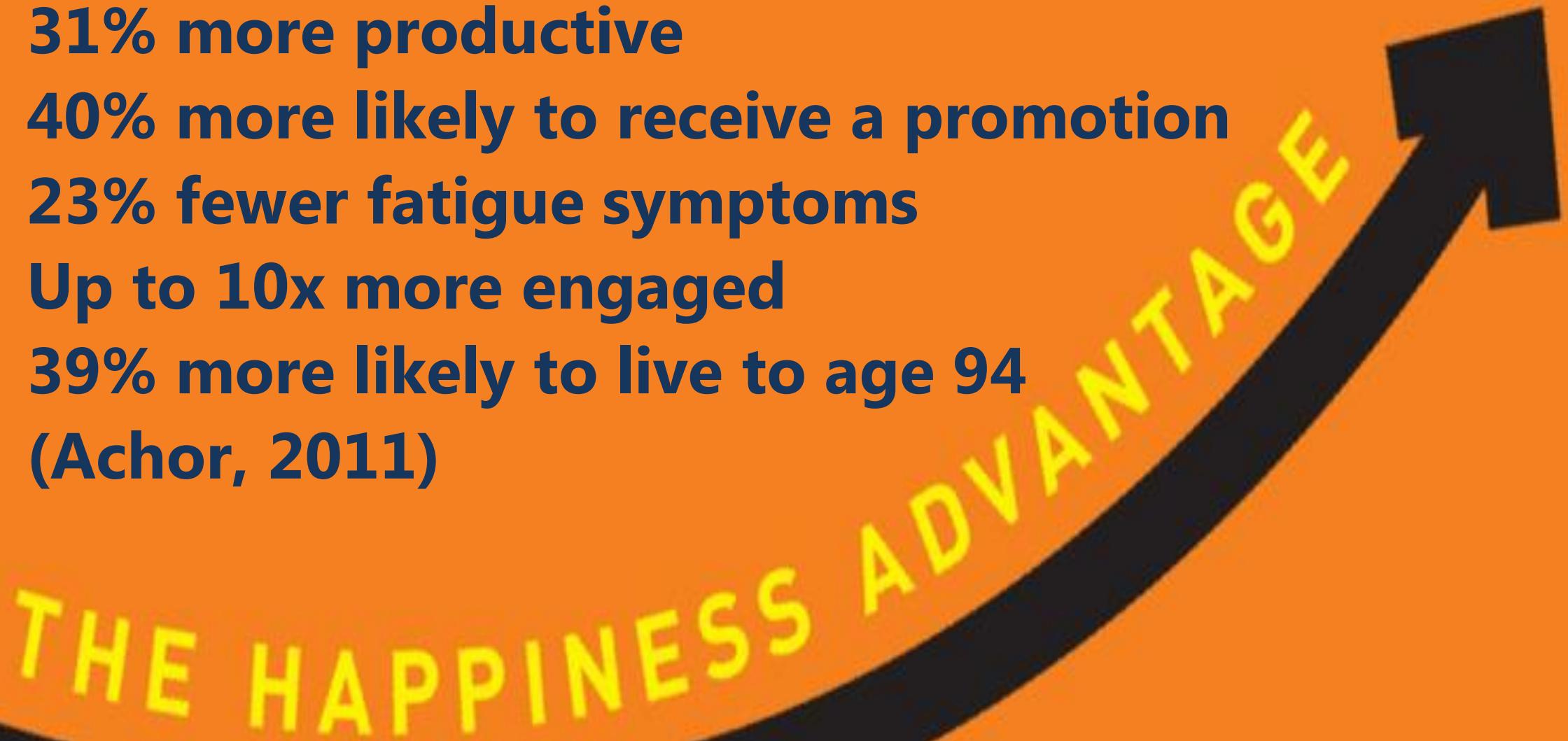
40% more likely to receive a promotion

23% fewer fatigue symptoms

Up to 10x more engaged

39% more likely to live to age 94

(Achor, 2011)



Choose to be
POSITIVE







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What do you want from life?



Reticular Activating System



Can you find the
the mistake?

1 2 3 4 5 6 7 8 9



Choose to be
POSITIVE







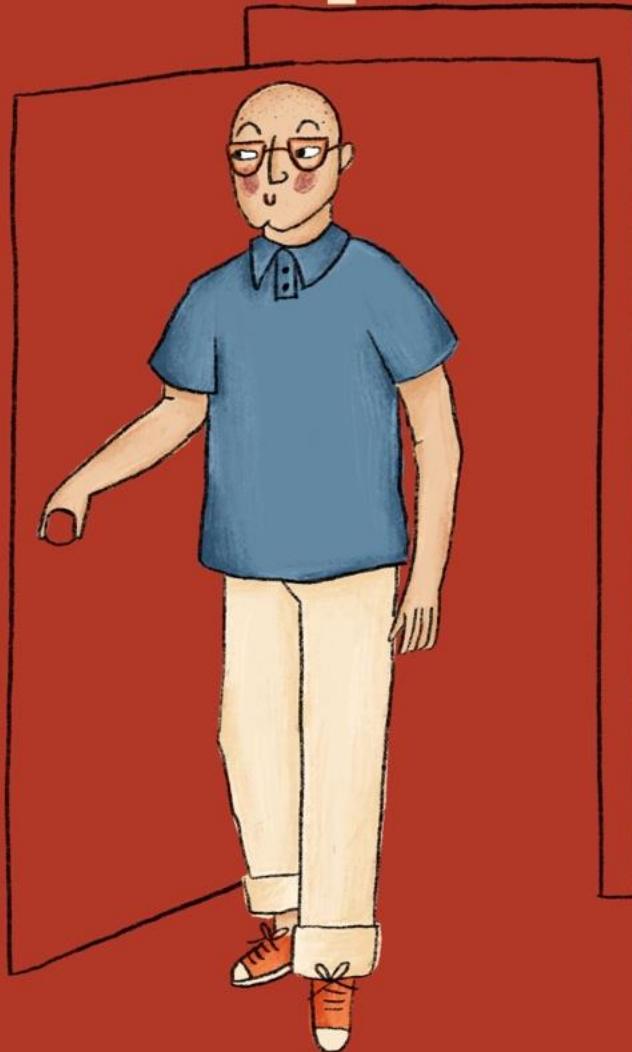


LIFE

* IS A
Special Occasion! *

**Take personal
RESPONSIBILITY**

Receptive





Risk







The MUPPET SHOW

Redefine



Belief = Behaviour = Results





UNDERSTAND
your impact

The ripple effect...

16%

10%

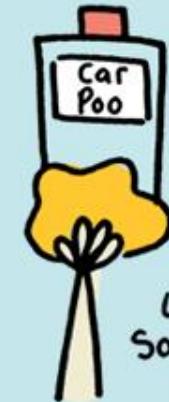
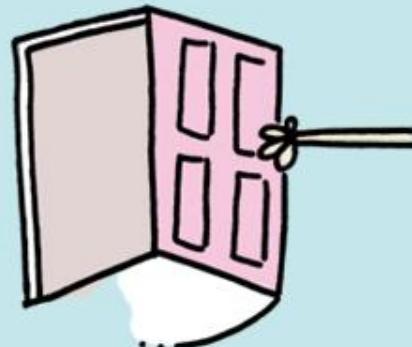
6%

Random Acts of Kindness



pack
Someone's
Shopping

Hold open a door



wash
Someone's
Car



Remember: people will judge you by your actions, not your intentions. You may have a heart of gold - but so does a hard-boiled egg.

The *4-minute* rule...

inSpire



magic number

7 seconds

2.9013











SOMETIMES, YOU NEED TO
STEP OUTSIDE, GET SOME AIR,
AND REMIND YOURSELF OF WHO
YOU ARE AND WHO YOU WANT
TO BE

YOU ARE

ENOUGH.



A newsletter
not a
snoozeletter



Raisilience





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