



ABLE Summer Conference 2019 Workshop and Speaker Details.

Morning Keynote



Keynote Title: TBC
Name of Presenter: Vicky McClure

Vicky McClure is one of the country's most exciting actors, and thanks to Shane Meadows' *This is England 86*, she has already claimed a Best Leading Actress BAFTA for her mesmerising and heartbreaking performance as 'Lol.' She was nominated again for the same role in *This is England 86* and finished the story with *This is England 90*.

Originally learning her craft at the Nottingham TV Workshop, an acting school responsible of launching the careers of Jack O'Connell, Samantha Morton, Toby Kebbel and Joe Demise, she was discovered by Shane and starred in one of his earlier films *A Room for Romeo Brass* then was asked to join the *This is England* family.

Vicky has gone on to star in the best produced drama we've seen; the multi award-winning *Line of Duty* (BBC ONE), series one of the hit drama *Broadchurch* (ITV), *True Love* (C4) co-starring Joanne Froggatt, Sheridan Smith, Kaya Scodelario, Gemma Chan and Billie Piper; *The Secret Agent* (BBC ONE) with Toby Jones and Stephen Graham; the intense thriller rollercoaster *The Replacement* (BBC ONE) opposite Morven Christie; spoof comedy *Action Team* (ITV); the beautifully portrayed and considered *Mother's Day* (BBC2) starring Anna Maxwell Martin, Daniel Mays and David Wilmot.

Upcoming projects include *Our Dementia Choir* with Vicky McClure; a deeply personal journey for McClure that explores further the relationship between the illness and music. The highly anticipated *Line of Duty 5* with guest star Stephen Graham is back on screen in 2019, and *I Am*, a project from director Dominic Savage will be on screens featuring Samantha Morton and Gemma Chan.

Morning Workshop 1A

Workshop title: **School funding – through the lens of effective resource management**
Name of presenter: Julia Harnden, ASCL

As the school funding situation remains critical and uncertainty prevails how can you be sure that you are managing resources effectively keep curriculum design at the heart of the budget planning process?

In all schools, targeting as much money as possible into the classroom is essential. A sound and widely understood relationship between the effective deployment of resources and revenue is the cornerstone of viability, sustainability and growth for any type of school of any phase.

In this session we will look at where we are now with funding reform such as the National Funding Formula and what the future holds.



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We will look at what DfE and the ESFA are expecting from the sector with regard to effective management of resources and do some practical myth busting around the principles of ICFP (Integrated curriculum and financial planning).



Julia Harndon, ASCL

Julia is the ASCL Funding Specialist. Julia works with schools, supporting them in developing sustainable strategic financial plans and building financial resilience. Julia represents ASCL in the campaign for sufficient, sustainable and equitable funding for education and belongs to a number of Department for Education (DfE) strategy groups, working alongside colleagues from DfE and the Education and Skills Funding Agency (ESFA) as well as representatives from the sector.

Julia worked for HSBC's corporate banking division before moving to the education sector. Developing a working knowledge of education funding since 2001, she has worked with school leaders in both the primary and secondary phase. As a member of the school leadership team she has been responsible for strategic financial planning and monitoring, PFI contract management, academy conversion and leading capital projects.

Morning Workshop 1B

Workshop title: **Worry Management**
Name of presenter: Kate Southwell, Educating Minds

Worry can be worrying! This workshop is designed to help understand one of the most common challenges to emotional wellbeing. We will look at the nature of anxiety, what happens when we worry and strategies to help us manage when everything feels out of control. By the end of the workshop, you will have several tools and techniques to use when worry tries to take hold, helping you to stay calm in uncertain situations.



Kate Southwell, Educating Minds

Kate has over 10 year's experience working in mental health settings, including the NHS, as a clinician and supervisor. With qualifications in CBT, EMDR and Counselling, she now works primarily in private practice, providing individual therapy and delivering workshops for school staff and students. She specialises in trauma, OCD and common mental health difficulties. Kate works as an associate lecturer at the University of Lincoln and has previously worked for the University of Nottingham as a teacher and assessor.



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Morning Workshop 1C

Workshop title: **Mind your own school business! How to create a quick business plan and justify spend to SLT**

Name of presenter: Sarah White, Major Projects, Nottingham City Council

There has been lots of discussion about whether schools are schools or businesses today and pressure to be as efficient as possible with resources, whether this is money or people. Yet even in times of austerity, there are still businesses flourishing. Why not apply the lessons and best practice from business to how you work?

Your time and knowledge are a valuable resource for the schools you work for and we want to bring out the Karren Brady in you all! This session will unleash those business instincts in a hands-on session that allows you to test how business practice can be applied to making any investment in your school. You will use a range of tools and tricks to help you be more mindful about your business in school.

During the workshop you will:

- create a business plan in two minutes
- articulate your school investment/ financial strategy on one page
- challenge each other to test how these business models work when planning investment



Sarah White, Major Projects, Nottingham City Council

Sarah White is the Education Lead for the Major Projects Team at Nottingham City Council. A qualified APMP project manager, coach and mentor, Sarah has been working around education projects for the past seventeen years.

Having been lucky enough to work with some of the leading minds in education whilst at the then National College for School Leadership developing leadership programmes for schools, Sarah moved into more direct project management with schools, joining the Council as a project manager 12 years ago. Sarah has done all kinds of projects in schools, from replacing toilets to building a new secondary school.



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Afternoon Keynote

Keynote title: **Laughter and Humour as a Tool for Change, Dave Keeling**
Name of presenter: Dave Keeling

“In a world full of change the learners will inherit the earth while the knowers will find themselves beautifully equipped to deal with a world that no longer exists”.

The session will look specifically at the art of engagement and the part that laughter and humour play as a tool for change and effective learning and leadership in the 21st century. It will also encompass in a variety of ways, curiosity, risk taking, thinking skills and the values and skills required for happiness and success in life in the 21st century which are

- Bravery
- Energy
- Creativity
- Openness
- Motivation
- Self Esteem

Afternoon Workshop 2A

Workshop title: **Behaviour Traps that Prevent you from being Extraordinary**
Name of presenter: Dave Keeling

This workshop will delve into the amazing brain and will look at how thinking and behaviour traps limit our ability to be extraordinary. Along the way there will be a variety of practical tips to help with getting the right neurochemistry which will enable us to make better choices on a more regular basis.

Dave Keeling, Independent Thinking



It has to be said, 'stand-up educationalist' and self-confessed ginger, Dave Keeling is one of Independent Thinking's longest serving, most in-demand and funniest speakers.

He has quite simply honed the art of making them laugh, making them think and, in this way, making everything different to a very fine art indeed. In doing so, has transformed so many lives. And usually for the better too.

Whether it's leading a session for a hall-full of recalcitrant teenagers, a full hall of equally recalcitrant teachers or a keynote session for school leaders looking for the cure to recalcitrance in their school, Dave never fails to leave delegates happy, moved, less stressed and feeling a great deal happier and more motivated by the job in front of them.



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Afternoon Workshop 2B

Workshop title: **School Development Plans: Good Practice, and Your Role in it**
Name of presenter: **Adrian Gray, River Education Services**

There is much evidence that many senior school leaders have limited training in the core principles of effective development planning. Adrian uses his experience of senior government practice to outline a simple but effective approach to good planning and outlines how systems can be more effective if the skills of good business managers are used alongside those of senior educationalists.

During the workshop you will:

- Learn about the key terms and principles of development planning
- See how Excel can be used to create simple but effective plans so that you will never want to see one done in Word again!
- Find out how the school business manager can be an effective player in strong management practice

Adrian Gray, River Education Services



The River Education Services offers strategic advice and support on school leadership for schools, local authorities/school boards, multi-academy trusts and national government organisations.

Founder Adrian Gray is a creative and original thinker with an interest in using evidence to deepen knowledge and understanding of what works in education and inspection. Adrian has over 13 years of inspection experience with Ofsted where he worked as an HMI specialising in school improvement, then as senior manager responsible for developing school inspection policy and guidance nationally, and

most recently led on the evaluation of inspection performance across all of Ofsted's remits and national analysis informing the Annual Report and survey publications. Adrian has been a member of the Executive Committee of 'The Standing International Conference of Inspectorates' and is the author of *European School Inspection: History and Principles*.

A significant focus of Adrian's work with schools has been improving their core processes of self-evaluation and development planning, in which he has the benefit of senior government training. In his workshop Adrian will explain how school business managers can play a pivotal role in development planning, helping senior leaders to maintain focus and effectiveness.



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Afternoon Workshop 2C

Workshop title: **Introduction to Menopause in the Workplace**
Name of presenter: Marie Hunter, Simply Hormones

Research by the TUC and Department of Education found that:

- 80% of women said no information about menopause was made available to them
- 45% of managers didn't recognise Menopause and lacked information and training
- 80% of women experience debilitating menopause symptoms

With more women than ever in the workplace, and in ever more demanding roles, don't lose them through lack of information, training and support. This session is relevant for women, their colleagues, managers and those with responsibility for retention, talent management, HR and the health and wellbeing of women at work. The session will cover

- What is Menopause, when does it happen, what are the symptoms
- Impact and challenges of Menopause in the workplace
- What support could be made available
- See you in Court? Meeting Equality and Diversity needs

Marie Hunter, Simply Hormones



Simply Hormones deliver Menopause training, information and support to a wide range of public and private sector organisations. Working with women, colleagues and managers we provide education and training to enable women to lead fulfilling careers and achieve personal goals throughout their menopausal years.

Following a successful career running her own training business, developing leaders in a wide range of blue-chip and public sector organisations Marie now works with Simply Hormones as one of their Menopause Ambassadors.

1-2-1 sessions in the breaks in Hazelwood Suite

Kate Southwell: As a Cognitive Behavioural Therapist, Kate Southwell has worked with stress, anxiety and depression for over a decade in both the public and private sectors. Book in a 10-minute session for a 'mental health check up' following which, you will be directed to self help resources and given any relevant information about appropriate services. Suitable for anyone and vital in a climate of stress and constant change, this is a chance to address your mental well-being.

Mandy Gallagher: As Head of Nursing of SAS, Mandy has a wealth of experience in NHS and Education focusing on health and wellbeing. Make an appointment to have your cholesterol or blood pressure tested